



Wednesday 6th May 2026

Dear Parents and Carers,

In this Sunday's Gospel, Jesus tells the disciples that, when he returns to heaven, he will ask the Father to send the Holy Spirit to be their helper.

This is not just a historical event. The Holy Spirit is God's loving gift to every believer, helping us understand Jesus' words and reminding us that God is always close to us.

The Holy Spirit is our helper, who guides us to live more like Jesus – to grow in faith and to be filled with the peace and goodness that come from God.

Enjoy a very special time together this evening, hearing your child's thoughts about this Sunday's Gospel and this Wednesday's Word, which is **HELPER**.

Dom Henry Wansbrough



A Word from the Saints

"Let the Holy Spirit be your helper and guide; He will not fail to lead you to peace." Pope St. John Paul II

THE GOSPEL IN CHURCH Sunday 10th May 2026



Jesus said to the disciples, "If you love me you will keep my commandments. I shall ask the Father, and he will give you a Helper to be with you forever. He will give you the Spirit of Truth. The world neither sees nor knows the Spirit, but you know the Spirit, because the Spirit is with you, and lives in you. I will not leave you orphaned: I will come back to you. In a short time the world will no longer see me but you will still see me. Then you will know that I am in my Father, and you are in me, and I am in you. Those who receive my commandments and keep them are those who love me. Those who love me will be loved by my Father. I will love them, and they will see me as I truly am."

Adapted from John 14:15-21
The 6th Sunday of Easter, Year A

Getting to know Jesus makes life joyful.
Learn more about this Sunday's Gospel in your local Parish Church: all are very warmly invited.

Family Time Prayer & Share Overleaf

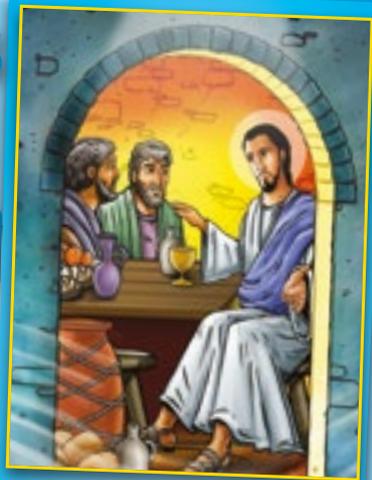
Good News for Everyone

The Holy Spirit is our helper – alive and active today – nudging us to do good and guiding us along the way. The presence of the Holy Spirit in our lives will help us to grow in love, joy, wisdom, peace, self-control, patience, faithfulness and kindness. We can ask the Holy Spirit to help us, especially at times when things are difficult.



Good News for Families

10 MINUTE TOGETHER TIME



Sunday Gospel Gallery

Look at this Sunday's Gospel picture. What can you see? How do you feel? What does it make you think about?

1 READ & REFLECT! Listen & Learn with Jesus, the Word!

Jesus said to his friends, the disciples, "If you love me you will keep my commandments. I will pray to the Father and he will give you a Helper (the Holy Spirit) to be with you forever. I will not leave you alone. I will come back to you. I am going back to the Father now, but you will see me because I am alive. And because I live, you will live too. Anyone who loves me keeps my commandments. And those who love me will be loved by my Father. I will love them, and they will see me as I truly am."

Why did Jesus say he would pray to the Father?

Which word or words stood out for you in this Sunday's Gospel, and why? Spend a few relaxing moments pondering the picture together. Share any thoughts before moving on.

2 SHARE & CARE! Growing in Goodness & Love: This Wednesday's Word...

"Happy the person whose words come from the Holy Spirit." *St Anthony of Padua*

HELPER



Ask your child who has helped them recently. What did that person do that was such a help to your child? You may want to share an experience of being helped by your children, other people, or directly by the Holy Spirit, and describe the difference that this help made to your life. Then each of you talk about an occasion when you went out of your way to help someone. What does your child know about the Holy Spirit (the third Person of the Holy Trinity), our helper?



We can ask the Holy Spirit to guide and help us to do and say the right thing. As a family, discuss and choose special ways in which you can be helpful to each other in this coming week. Perhaps you can: make your bed and keep your room tidy; use kind words; set the table and help each other with the dishes. Are there any vulnerable or lonely people in your community who may especially need your help right now? What could you do to help?

3 Dear Lord Jesus, please send your Holy Spirit into our lives to be our helper and to guide us, so that we can be a great help to those around us. Amen.

FINDING THREE

S N E D N E P M G H W N
 T D N F H H G S E N D J
 A E H Z E O W T N L E H
 S D M R L L L A Z S N H
 P M O R P D M Y U M T E
 I F F **J E S U S** B G I L
 N A F O R E V E R L R H
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 M H R L T E R H M Y P R
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 W R H O L Y E E Y T M D
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WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER ACROSS OR DOWN

- JESUS
- FATHER
- SEND
- HELPER
- HOLY
- SPIRIT
- STAY
- FOREVER

SUPERSEARCHERS FIND THE WORDS BACKWARDS OR DIAGONALLY

Cross out the letters **u n d** in the jumbled words below to find 4 real words.

fodrenvuer Huneldper duprany Fandthuer

"I will _____ to the _____ and he will give you a _____ to be with you _____."

When we love Jesus, we listen to him and try to live the way he asks us to. We do not have to do it by ourselves though. Jesus sends us the Holy Spirit, our helper, to help us to choose the right way to live.



This week I will try my best to...



Write a promise & draw a big smile on Smiley

